Morello / Scheherazade Chops Routine

W. Lee Vinson

Practice with a metronome and a stopwatch. Play exercise 1 four times with each hand which will take roughly one minute. Then play exercise 2 for one minute with each hand. Finally improvise using the rhythms provided in exercise 3 for one minute on each hand. Repeat this process four times at progressively faster tempos. The entire routine will take 25 minutes total. These exercises are especially helpful for Prokofiev's Symphony 5, Rimsky Korsakov's Scheherezade, and Shostikovich's Symphony 10.

