



Worksheets for the Win

A Symphonic Clinic by W. Lee Vinson

November 14, 2025

- 1.) Tambourine Routine
- 2.) Cymbal Routine
- 3.) Soft Snare Drum Ruffs
- 4.) Colas Breugnon Scale Patterns
- 5.) The Preparation Pyramid
- 6.) Delecluse 1 Practice Patterns

Tambourine Routine

W. Lee Vinson

2 Minutes

Shake R to L

Play 4 Times

① 
mf

Play 4 Times



Play 4 Times



Shake Rolls

$\text{♩} = 138$

1 Minute

② 
mf

Finger Rolls, Rest on Leg

$\text{♩} = 120$

1 Minute

③ 
R L L R L L R L L R R L L R L L R
p

Hand/Knee

$\text{♩} = 160$

1 Minute

④ 
H H K H H K H H K H H K H H K H H K H H K H H K H H K H
f

Crash Cymbal Routine

W. Lee Vinson
revised 2/11

Play five repetitions of this page per day, each at different point during the day using a different pair of cymbals.

Exercise 1

♩ = 80

Exercise 1 is a 4-measure cymbal exercise in 4/4 time. The notation is spread across two staves. The first staff contains measures 1 through 4, and the second staff contains measures 5 through 8. The notes are as follows: Staff 1: Measure 1 (quarter, quarter, quarter, quarter), Measure 2 (quarter, quarter, quarter, quarter), Measure 3 (quarter, quarter, quarter, quarter), Measure 4 (quarter, quarter, quarter, quarter). Staff 2: Measure 5 (quarter, quarter, quarter, quarter), Measure 6 (quarter, quarter, quarter, quarter), Measure 7 (quarter, quarter, quarter, quarter), Measure 8 (quarter, quarter, quarter, quarter). The dynamic markings are: *pp* (pianissimo) at the start of measure 1, *p* (piano) at the start of measure 2, *mp* (mezzo-piano) at the start of measure 3, and a crescendo from *mf* (mezzo-forte) to *f* (forte) across measures 4 and 5. The exercise ends with a double bar line at the end of measure 8.

Exercise 2

♩ = 156

Exercise 2 is a 16-measure cymbal exercise in 3/4 time. The notation is spread across four staves. The notes are as follows: Staff 1: Measure 1 (quarter, quarter, quarter), Measure 2 (quarter, quarter, quarter), Measure 3 (quarter, quarter, quarter), Measure 4 (quarter, quarter, quarter). Staff 2: Measure 5 (quarter, quarter, quarter), Measure 6 (quarter, quarter, quarter), Measure 7 (quarter, quarter, quarter), Measure 8 (quarter, quarter, quarter). Staff 3: Measure 9 (quarter, quarter, quarter), Measure 10 (quarter, quarter, quarter), Measure 11 (quarter, quarter, quarter), Measure 12 (quarter, quarter, quarter). Staff 4: Measure 13 (quarter, quarter, quarter), Measure 14 (quarter, quarter, quarter), Measure 15 (quarter, quarter, quarter), Measure 16 (quarter, quarter, quarter). The dynamic marking is *mf/ff* (mezzo-forte/fortissimo) at the start of measure 1. The exercise ends with a double bar line at the end of measure 16.

Xylophone

Colas Exercises

W. Lee Vinson

$\text{♩} = 90 - 136$

1 *f* L R L R L R L R L R L R L R L etc. Etc.

2 *f* R R L R L R L R L R L R L R L R L etc. Etc.

3 *f* R L R R L R R L R L R L R L R L R L R L etc. Etc.

4 *f* L R L R L R L R L R L R L R L R L R L etc. Etc.

5 *mf* R L R L etc. Etc. R L R L R L R

Xylophone

Overture "Colas Breugnon"

Dmitri Kabalevsky
op. 24

(9) Presto ($\text{♩} = \text{c. } 132$)

1 *f* 10 *cres*

11 *ff* 12 *sff*

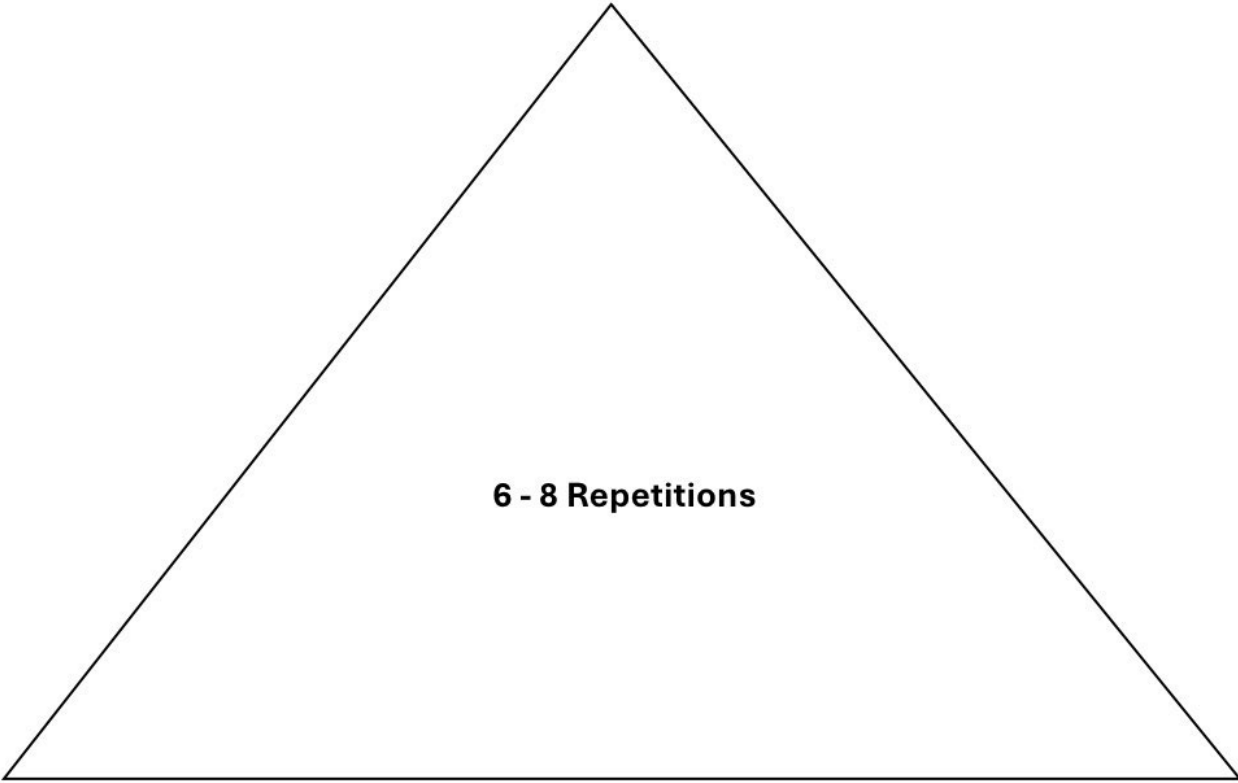
36 *mf* 37

57 *ff* 58

59 *sff* 60

2 *fff* *fff*

The Preparation Pyramid



6 - 8 Repetitions

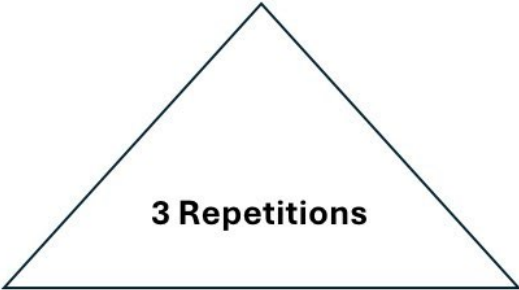
Half Tempo
with subdivisions



Full Tempo
wider note values



Half Tempo
with subdivisions



3 Repetitions

Slow



Fast



Slow

Snare Drum

Soft Ruff Exercises

W. Lee Vinson

These exercises are somewhat improvisatory with the exception of the last line. The first pattern on each line is used more as a point of departure for the specified amount of time. Practice with a stopwatch and a metronome. This routine will take 20 minutes to complete.

♩ = 120

(2 minutes)



pp

(2 minutes)



(4 minutes)



(2 minutes)



(♩ = ♩.)

(2 minutes)



(♩ = ♩.)

(2 minutes)



(2 minutes)



(2 minutes)



(♩ = ♩.)

(30 seconds)

(30 seconds)

(1 minute)



Delecluse 1 Practice Patterns

W. Lee Vinson

1 

2 

3 

4 

5 

6 

7 

8 

9 

10 

DOUZE ÉTUDES

pour Caisse Claire

TWELVE STUDIES | ZWÖLF ETÜDEN | DOCE ESTUDIOS
for the Drum | für die Trommel | para Tambor militar

JACQUES DELECLUSE
Soliste au Théâtre National de l'Opéra
et à la Sor - d-é des Fournes du Conservatoire

1

$\text{♩} = 76$

